

150 Mindful Puzzles Dot-to-dot For Downtime

by

150 Mindful Puzzles Dot-to-dot For Downtime

Take a break from your thoughts. Forget your worries. Focus your mind. These benefits (and more) are yours for free when you complete a puzzle.

Enjoy the words of wisdom accompanying these joyful dot-to-dot drawings, and reap twice the reward.

Use your free time to free your mind.

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